

# Extendicare

To Our Residents and Family Members:

We know many of you are concerned about the spread of COVID-19 (the new coronavirus) and how it may impact us here at Extendicare. Ensuring residents are cared for in a safe and healthy environment is our first priority. At this time, we don't have any cases in our community. The Center for Disease Control and Prevention (CDC) has recommended a variety of steps that we are implementing to help reduce the potential for the virus to enter our building. However, we need your help in battling COVID-19. Below are some examples of how you can help protect the residents, as well as prevent the spread throughout the community.

**At this time, we request that family and friends limit visits to the center.** Out of an abundance of caution, we are limiting all visitors to our facility unless absolutely necessary. We are posting signs on our entryway doors to notify visitors of this policy and actively screening individuals, including staff, who need to come into the building. **Starting on Monday, March 16, 2020, we are limiting access and all entries will need to be made through the main entrance or Hall 1 from 7:00am till 4:30pm. After 4:30pm, entries should be made through Hall 1. Upon entering the building, please see the nurse at the nurse's station to be signed in and screened. We then ask that you wash your hands or use hand sanitizer before visiting a resident or patient.**

We understand that connecting with your loved one is incredibly important, and there are a variety of other ways you might consider communicating with them. These include telephone, email, text, video chat or social media.

**Please make sure we have your most current emergency contact information.** We want to make sure we efficiently communicate with you should there be any new developments. Please reach out to the charge nurse or supervisor with your updated contact information.

**Residents, please help prevent the spread of infection by exercising proper hand washing hygiene as well as coughing and sneezing etiquette.** We offer hand washing and alcohol-based hand sanitizer stations throughout the building, which you are encouraged to use. Please avoid shaking hands and hugging any individual.

**If you are experiencing a cough, fever, sore throat, runny nose, and/or shortness of breath, please do not visit.**

Extendicare is following the recommendations of the CDC on preventative steps, including following strict handwashing procedures, and in many circumstances, wearing gowns, gloves and masks when interacting with residents who present symptoms. We also are staying up to date with CDC recommendations, as they may continue to change. In addition, Extendicare is in close contact with the local and state health departments and we are following their guidance.

We will notify you if any resident or staff member is diagnosed with COVID-19. Should you have any questions, please feel free to contact our center at: (334)793-1177.

Sincerely,

Nathan Chase  
Chief Nursing Officer

Shenika Ford  
Administrator